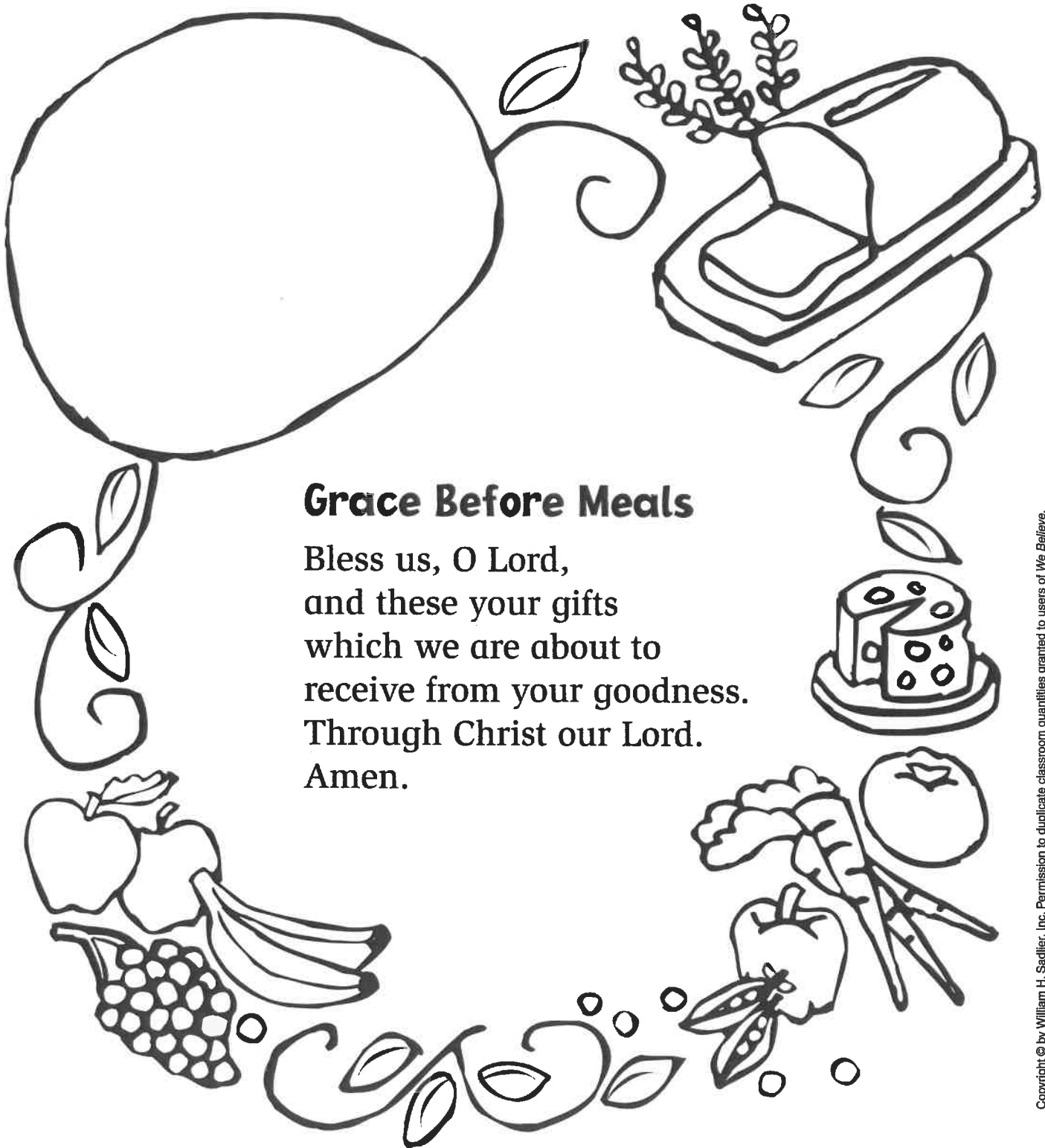


Name \_\_\_\_\_

Make a prayer card. Add your favorite food.  
Share the prayer with your family.



### Grace Before Meals

Bless us, O Lord,  
and these your gifts  
which we are about to  
receive from your goodness.  
Through Christ our Lord.  
Amen.